

# Lunch Menu

2 COURSES £19.95

FROM 'SIESTA' TO 'RIPOSO', LUNCH IN THE MEDITERRANEAN IS CONSIDERED A NECESSARY BREAK IN THE DAY.

RELAX, UNWIND AND REFRESH

AVAILABLE MONDAY - FRIDAY 12PM - 5PM

## PINCHOS

CHOOSE 2

**MIXED ANTIPASTI** [V][VG]  
Grilled courgette, aubergine, artichoke and sundried tomato

**GRILLED HALLOUMI** [V][NGI]  
Harissa yoghurt, pomegranate molasses, pomegranate seeds and coriander

**PADRON PEPPERS** [V][VG][NGI]  
Padron peppers, agave nectar and ras el hanout seasoning

**WHIPPED FETA** [V]  
Honey, chilli flakes, pomegranate, mint and music bread

**ANCHOAS CICCETTE**  
Marinated anchovies in lemon and olive oil on croute with moroccan spiced yoghurt

**PORK BELLY** [NGI]  
6 hour slow-cooked and honey glazed. Spiced pear purée, crispy pancetta and fried sage

**MIXED OLIVES** [V][VG]  
May contain stones

**CHISTORRA** [NGI]  
Sliced chistorra, romesco and honey.

## Main Course

CHOOSE 1

### ARTEZZAN PANOUZZO

A delicious Italian sandwich made from pizza dough and baked in our pizza oven. Served with mixed salad

**ITALIAN**  
King prawns sauteed in garlic and lemon, roasted courgettes, chilli, Fior Di Latte mozzarella, rocket and fresh basil.

**SPANISH**  
4oz marinated rump steak, red onion, padron pepper, garlic aioli and a mojo verde sauce.

**MOROCCAN** [V][VG]  
Falafel, hummous, sundries tomato, pomegranate, little gem lettuce and spiced yoghurt.

### FROM THE LAND, SEA AND GARDEN

**CHICKEN SOUVLAKI**  
Chicken breast in a traditional marinade with greek salad, feta, warm pita, tzatiki and lemon

**BATTERED COD**  
Cod in Damm Lemon and paprika infused batter, served with patatas bravas, citrus aioli, padron peppers and coriander.

**KING PRAWN LINGUINE**  
Butter sauteed King Prawns and Courgette ribbons in a lemon, garlic and Gran Moravia sauce. Finished with basil and lemon zest.

**MEZZE SALAD** [V][VG]  
Falafel, hummous, couscous, sundried tomato, pomegranate and Greek flat bread

**ARABIATTA** [V][VG]  
slow cooked cherry tomato sauce with shallots, garlic, chilli and parsley  
ADD CHICKEN 2.50  
ADD PANCETTA 2.50

**MARGHERITA PIZZA** [V]  
Fior di latte, Neapolitana sauce, fresh basil, extra virgin olive oil and a touch of rosemary salt. ADD PEPPERONI £1.95

[V] VEGETARIAN [VG] VEGAN [NGI] NON-GLUTEN CONTAINING INGREDIENTS



Our dishes may contain nuts or nut traces. For all allergen information please scan the QR code. All prices are in GBP and include VAT at the current rate. A 10% discretionary service charge will be added to your bill for parties of 6 or more.